

Date _____



Body Art
Nawaz Modi

Body Art **Enrolment Form**

Please fill in this form & submit it to the Management. After your application has been approved, a membership card will be issued to you.

Name: _____

Contact no:- Mob: _____ Res: _____ Off: _____

Email: _____

Postal Address: _____

Date of Birth: _____ Occupation: _____

If student, where & what do you study? _____

Please mark the facility you currently wish to join at **Body Art**

The Workshop The Gym The Gyrotonics & Pilates Hub Aqua Aerobics

If you want to join the Workshop or Aqua Aerobics, indicate the batch timing (subject to change by Management)-

1st Preference _____ 2nd Preference _____

Preferred date of commencement: _____

Tick the appropriate box below:-

Do you have any health problems such as:

- | | | |
|---|------------------------------------|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Asthma | <input type="checkbox"/> Upper/ Mid/ Lower back problems |
| <input type="checkbox"/> Coronary blockages | <input type="checkbox"/> Arthritis | <input type="checkbox"/> High/ Low Blood Pressure |
| <input type="checkbox"/> Any others? If so, please mention them _____ | | |

You are enrolling in this programme to:

- | | |
|--|---|
| <input type="checkbox"/> Lose fat/ inches | <input type="checkbox"/> Tone-up |
| <input type="checkbox"/> Build Muscle Mass | <input type="checkbox"/> Increase mobility/ flexibility |
| <input type="checkbox"/> Improve a specific health problem | <input type="checkbox"/> Any others. Pls specify _____ |

Have you done any form of exercise before? If yes, what & where? _____

For how long? _____

Why did you discontinue there? _____

Do you have any background in fitness? _____

How did you come to know of **Body Art**? _____

I, the undersigned, will abide by the principles provided on "Some Useful Information About..." (with reference to the facility that I am joining).

If I, the undersigned, use your valet service for parking, it will be only on the basis that you will not be responsible for ensuring that the vehicle is not taken away/ damaged/stolen nor anything stolen therefrom, and/ or that the valets are appropriately selected/ qualified.

I, the under-signed, have had myself medically checked up & been given clearance to exercise, & will give **Body Art** a copy of written medical clearance within a month, although the Management will not be entitled to insist upon it.

Signature